Welcome to the Farmers’ Market:
Where vegetables and fruits make the most delicious local treasures!

Turn over the page for instructions on how to make your market map!
Your Map-Making Adventure Awaits!

1. Give your map a neat title.

2. The little circle on the bottom left of your map is the compass. It shows the direction you are facing when the map is drawn. North, South, East and West. Get started by asking someone to help you find North!

3. Mark a trail from a spot marked X to something you think is cool. Choosing things you think are important to draw as a guide along the way (e.g. a building or path).

4. Decide on a “legend”. This is like a menu, allowing the reader to understand where key things are on the map and what they are. The legend is usually on the side of your map and has symbols as well as words describing each.

The legend symbols can be created by you. Think about how you might show the produce being sold at your farmers’ market on your map. Create symbols or simple drawings and use these in your legend. These will act as markers for your reader.

5. Now that your legend is made, pass your map to a friend and see if they can find their way exactly like the map says!
THE HUNT IS ON!

Colour these local fruits and vegetables, circling the ones you find at your market!

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WHO ARE THE PEOPLE AT YOUR MARKET?

Make awesome portraits of the farmers, customers and friends at your market!

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## Market People Bingo!

See who you can find visiting your market - can you get a whole row?

<table>
<thead>
<tr>
<th>Someone who grows what they sell.</th>
<th>Someone who grows their own food at home.</th>
<th>Someone who likes creating their own recipes.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Someone who is trying a new fruit or vegetable today.</td>
<td>Someone who has eaten a flower before.</td>
<td>Someone who can list more than two colours of tomatoes.</td>
</tr>
<tr>
<td>Someone who lives in your neighbourhood.</td>
<td>FREE</td>
<td>Someone who eats the whole apple, including the core.</td>
</tr>
<tr>
<td>Someone who is at the market for the first time.</td>
<td>Someone who likes getting their hands dirty.</td>
<td>Someone who has eaten something straight off the tree.</td>
</tr>
<tr>
<td>Someone who has tried a tropical fruit before.</td>
<td>Someone who can tell you what a waggle dance is.</td>
<td>Someone who has held a worm before.</td>
</tr>
</tbody>
</table>

[Source: FoodShare](www.foodshare.net) @FoodShareTO
Now you try drawing some squiggles and passing it to a friend to finish off!

Use the lines to finish these sketches of things at your market!
PLANTER POETRY:

Taste something at your market. How was it? Fill each leaf with 1-2 adjectives to describe it. If you need to, you can add some extra words in between your leaves to better connect them, and just like that - you have a Planter Poem!

A Planter Poem About: _______________________

How does it look?
What was the texture like?
Describe the taste
How was your overall experience?

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BECOME A FRIEND OF THE GREENBELT!

Protecting our farmland is very important. Did you know, there are over 7,000 farms in the Greenbelt? Design some neat buttons to put on your sash to show how you care about the Greenbelt!

**Button Ideas!**
Here are some important things you might find in the greenbelt:

- Farmers
- Pollinators
- Fruits & Vegetables
- Dairy
- Animals & Wildlife
- Soil & Compost
- Plants & Trees
- Water
- Grains
WHAT’S THE BUZZ
Let’s look closer at our good friends, BEES and learn why we need them for your market!

The Queen bee eats a special diet, fit for royalty...
True / False

A worker bee will only visit one flower during it’s lifetime.
True / False

No bees = no strawberries.
True / False

One worker bee will make about 1 jar of honey in it’s lifetime.
True / False

Honey bees have two wings.
True / False

Bees communicate by dancing.
True / False

The worker bees are both male and female.
True / False

Check over the page for answers!

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Worker Bee - The female bees you see outside pollinating flowers.

A very busy worker bee visits up to 2,000 different flowers in one day!

Carrying pollen is heavy work, so she needs to stop in at the hive to deposit what she's collected every 50-100 flowers or so.

Worker bees have a VERY important job, as it's up to them to provide the whole hive with enough food day-to-day as well as enough for storage during the cold winter months.

The waggle dance describes a very special movement in the hive that worker bees do after trips outside.

Through the waggle dance, bees are able to communicate where the best flowers are, good water sources or even a potential new home!

About ⅓ of our food depends on pollination from bees or other insects. Without bees, we wouldn’t have all kinds of yummy foods like:

- almonds, apples, apricots, avocados,
- blueberries, cashews, grapes, kiwi, peaches,
- sugar cane, squash and strawberries to name a few!

The Queen Bee - A unique female that dines on a special diet of “royal jelly”. She is responsible for reproduction and lays up to 1,500 eggs A DAY!

A worker bee will produce about 1/12 of a teaspoon of honey in her lifetime.... Honey is PRECIOUS, so enjoy every spoon full!

The Queen Bee - The male bees responsible for mating with the Queen. They don't leave the hive.

Drone Bee - Drone bees don't make any honey.

Drone bees have a set of forewings (at the front) and a set of hindwings (at the back).... 2 + 2 = 4 wings.

Drone bees have mated with the Queen, he dies.

A very busy worker bee visits up to 2,000 different flowers in one day!

Bee don't leave the hive.

Take a look around your market - how many of the things being sold relying on bees?
CELEBRATE THE GREAT!

Think someone at your farmers’ market is awesome?

Let them know!

Use the certificate on the back to award someone at your farmers’ market for being AWESOME!

• They grew something you thought looked cool,
• You ate something they grew or made and it was delicious,
• They were kind to you,
• They work really, really hard,
• Their market stall is a nice place to be...

What’s for sale at the market today?

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YOU ARE AWESOME!
This certificate is awarded to:
__________________________
For:
__________________________
From:
__________________________